

MESSENGER

GETHSEMANE LUTHERAN CHURCH

A FAMILY IN CHRIST CARING FOR ALL PEOPLE

APRIL 2009

VOLUME #1 16: ISSUE #4

Holy Week and Easter



Sunday, April 5th 8:30 & 11:00 a.m.

Palm Sunday/Sunday of the Passion

We will gather in the front yard on the corner of Hampton and Pernod for the Procession with Palms. The Sunday School children sing at the 11:00 service. Second graders will receive their First Communion, with a special cake served during coffee hour to honor them.

Thursday, April 9th 7:00 p.m.

Maundy Thursday

Holy Communion and the Stripping of the Altar. This first liturgy of the Three Days has no ending; it continues with the worship of Good Friday and concludes with the Vigil of Easter. Together the Three Days proclaim the mystery of our faith: Christ has died. Christ is risen. Christ will come again.

Friday, April 10th 12 noon & 7:00 p.m.

Good Friday

Adoration of the Cross; The Passion According to St. John

Saturday, April 11th 7:00 p.m.

Easter Vigil

Lighting of the First Fire; Sacrament of Holy Baptism; the First Communion of Easter

Sunday, April 12th 8:30 & 11:00 a.m.

Easter Sunday/The Resurrection of Our Lord

Festival Worship with Holy Communion

Easter Breakfast will be served between services; a \$5 donation per person is requested, extra gifts are welcome! Matching funds from Thrivent Chapter 30663 will support our youth going to the New Orleans Youth Gathering in July. The breakfast menu will include: scrambled eggs, bacon, sausage, hash browns, biscuits and gravy, fruit, sweets, orange juice, milk and coffee.

Activities and an Easter Egg Hunt for children will also be held between services.

SAVE THE DATE

Midweek Lenten Soup Suppers and Holden Evening Prayer

Wednesday, April 1
6:00pm Supper
7:00pm Evening Prayer

Palm Sunday

April 5, 2009

First Communion

Easter Sunday

April 12, 2009

Breakfast Between Services

PMC Timeline Event

Sunday, April 26
Between Services

April at Gethsemane



Through the Sands of Time...

Join us as we celebrate Gethsemane's 115th Anniversary with a Congregational Timeline Event. This special event will be held Sunday, April 26th from 9:30 am – 10:45 am in the Fellowship Hall. All members are welcome and encouraged to take part in this walk down memory lane.

The Timeline Event is a part of the Partnership for Missional Church process. In order to communicate a vision for the future of Gethsemane, it is important to know where we have come from. It is important to revisit our congregation's roots and to prayerfully and mindfully celebrate the past. We'll meet to discuss your Red (and Green and Blue) Letter days here at Gethsemane, remember the events and people of Gethsemane that make up our history collectively as a congregation, and show an appreciation of the formative chapters of our church's life. This event is sponsored by the PMC Steering Committee as part of our first year's activities. Help us to discover the important points in our shared Gethsemane history, so we can move forward with a better understanding. We need everyone's ideas, so save this very special date as we walk through the Sands of Time at Gethsemane!

Celebrate Lutheran Campus Ministry

Sunday, April 19, 2009

Pastor Rebecca Boardman from Lutheran Campus Ministry, St. Louis, will be our guest preacher. Between services, she'll be available to talk about the happenings at Lutheran Campus Ministry on the campuses of Washington University and Saint Louis University. Ella Rothgangel and Dan Flaxbart from Gethsemane have both served on the LCM Board.

LIFE AT HOME ...

Church Council Highlights

March 10, 2009

(Note: Official minutes are placed on the hall bulletin board after approved at the next Council Meeting)

1. Opened the meeting with "Dwelling in the Word" on Luke 10:1-12, our theme passage for the first year of Partnership for Missional Church.
2. Heard from Lisa Mantia about plans for fundraising for the ELCA Youth Gathering in New Orleans this summer, including a potential rummage sale in June.
3. Heard a detailed report from treasurer Rick Schuessler. Officially received the 2008 year-end financial report. Concern was noted about the drop in giving in 2008 which was a contributing factor to ending the year with a \$15,000 deficit. Concern was also expressed that 2009 giving is \$2000 under 2008 levels, and is already \$5000 behind what is necessary to meet budgeted expenses. The Council will be considering appropriate ways of informing the congregation and encouraging faithfulness in giving in the midst of these difficult economic times.
4. Affirmed receiving new members on Sunday, March 15.
5. Reviewed the 2008 ELCA Congregational Report which showed that Gethsemane has 342 Baptized members, 278 Confirmed Members, 256 Voting Members, and an average weekly worship attendance of 162.
6. Heard that Gethsemane has registered with the Simply Giving electronic funds transfer program through Thrivent and will be making information available for members to sign up for this service.
7. Heard that the Central States Synod Assembly will be held June 4-7 at Bethany College in Lindsborg, KS. Council members were asked to consider potential voting members for the Assembly.
8. Heard that the Partnership for Missional Church Listening Leaders have begun conducting interviews. A congregational "timeline" event will be held on Sunday, April 26 at 9:30 a.m. in-between services. Steering Team members are: Kate Hartz (leader), Peggy Zapf, John McElwee, Charlie Wallis, Bill Burmeister, and Mary Kelly. Listening Leaders are: Don Thuss, Gary Borkowski, Rodney Jones, Mardi Manary, and Julia Epplin-Zapf.

Children / Sunday School

God's Work, Our Hands

Three Gethsemane Sunday school students took part in a "Be Like Jesus" servant event on March 6-7. Jacob B., Aaron M. and Paul M. joined with other area 3rd – 6th graders to worship, play, and participate in a day of service projects. We were blessed with wonderful, sunny weather! It really was great to see these young people excited about sharing God's love with others!



Decorating a planter box.>>

<<<Building a planter box.



Tying blankets for a homeless shelter

Spring Cleaning: A GREAT BIG THANK YOU **Kim Elliott** and the 3rd – 6th grade

Sunday school class for cleaning out the craft area under the back stairwell. Thanks also to everyone who helped with the Sunday school spring-cleaning day – we are getting organized!

During the spring-cleaning a bunch of old paint shirts was found – unfortunately they were moldy and had to be thrown out. We could use a few clean, used men's shirts (button down or large T-shirts) to replace these. Please give any shirts to Christy Scheidt.



First Communion: Gethsemane's 2nd grade Sunday school students are currently attending classes for their first communion, which they will receive on Palm Sunday, April 5. Please keep them. God bless them as they approach this important step in their walk with God.

Sunday School Sings: Also on Palm Sunday, all the Sunday school children will be singing at the 11:00 service.

Confirmation

Confirmation Classes will resume on Monday, April 20th at 6:30pm.

Currently, students are meeting with their mentors for Faith Conversations. Thanks to Laura Begley, Lindsay Schuessler, Kate Hartz, Carol Frohlichstein, and Ken Bauer for serving as our first group of mentors!

The Rite of Confirmation will be celebrated on Pentecost Sunday, May 31, with one service only at 10am.

GYG



Butter Braids for our Beds - will be coming soon. Look for samples at the Easter Breakfast...orders will be taken in April for delivery in time for Mother's Day. Butter Braids for our Beds will help us to offset our hotel costs for the trip to New Orleans in July. *Thank you in advance for your support!*

New Orleans has received thousands of volunteers over the past 3½ years, many being Lutheran, but nothing like the 37,000 people that will be serving during the three days of the ELCA Youth Gathering! It's hard to imagine what it will be like in July when busloads of people enter the city with hearts of compassionate justice.



Two Options for Today's Parishioners:

NEW - Electronic Giving Program
Traditional - Parish Envelope Program

A New Way to Give: Our church is embracing a giving option that may be more convenient for many of our parishioners - Electronic Giving. This new giving option will work in the same manner as mortgages, loan payments, or insurance premiums that are automatically withdrawn from your checking or savings account.

To sign up for this new giving option and have your donations transferred electronically to the church account on a regular basis, please fill out an authorization form and return it to the church office. You choose the donation frequency (weekly or monthly) and the donation amount for each fund you wish to support.

Important Benefits of Electronic Giving

Electronic Giving makes life easier for you and yields very significant benefits for our church.

Benefits for You:

- The satisfaction of giving to God first
- Easier to fulfill stewardship commitments
- Strengthens participation and support in the church
- Allows you to contribute even when you're away
- Easier personal budgeting
- More secure than bringing cash or checks to church

Benefits for our Church:

- Cultivates consistent giving
- More predictable cash flow for better planning
- Less work for office staff
- Secure and easy cash maintenance

Traditional Choices Remain

All registered parishioners will continue to receive envelopes, including envelopes for special collections for a variety of needs. Parish collections will be taken each week as usual. Participants in the Electronic Giving program are asked to mark their envelopes

"EFT" and place them in the collection basket.

If you do not currently use envelopes, please consider participating in either our envelope program or the Electronic Giving program. Our parish needs your consistent support.

Contributions Made Easy: Save time, simplify your life, and support our parish! We're keeping up with the times by offering our parishioners a new way to help our ministry. Our new Electronic Giving program is an automated program that will allow you to make contributions without having to lift a pen to write a check or reach into your wallet for cash!

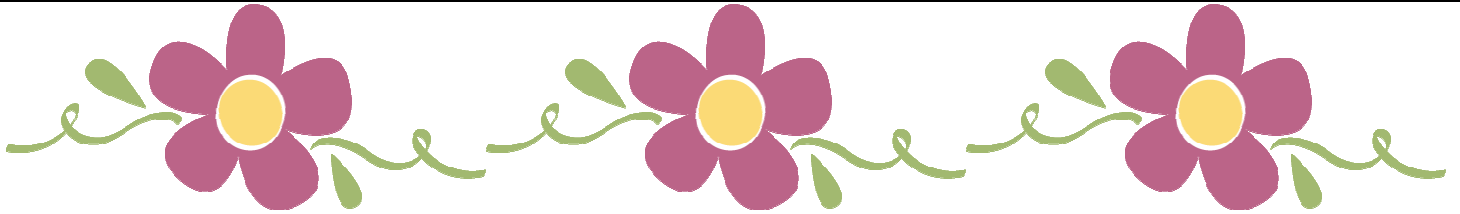
Here is how it works: You authorize a specified amount of money to be electronically transferred directly from your checking or savings account to the parish account. You also specify the frequency of the transfer.

It is fast, safe, and easy! In fact, it is less risky than checks, as it cannot be lost, stolen, or destroyed, and the rate of accuracy is high. The electronic transfer will cost you NOTHING and you save the cost of the check. The parish will issue you a donation statement for your tax records, and your bank statements will provide you with a record of transfer as additional proof of your contributions. Donations via electronic transfer can be made to our general fund or our building fund.

Of course you can cancel your authorization of transfer at any time by notifying us in writing. But we believe that once you have enjoyed the convenience and savings of this new program, you won't want to go back to the "old-fashioned" way of contributing to your church!

MOMS

MOMS (Ministry of Mothers Sharing) meets Friday, April 17th (3rd Friday of each month) from 7-9pm at the St. Louis Bread Co. at Chippewa/Lansdowne. Need a night out? Just want to have a cup of coffee and talk with the girls? Want to get to know more of the women in our Gethsemane community? Here's your chance for a casual meeting of moms, grandmothers and great-grandmothers to talk about the joys and challenges we face as mothers! Come any time. No reservation necessary. We'd love for you to join us any month you can. Oh, and leave the kids at home. This one's for YOU! More info? Call Leslie Wobbe at 314-481-0708.



GLCW WOMEN'S SPRING LUNCHEON

Everyone is Welcome!

WEDNESDAY, JUNE 3, 2009, 11:30 A.M.
Brazie's, 3073 Watson Road

Reservations: Please Call Norma Schenck 314-892-3868 By Sunday, May 31, 2009
If Rides Are Needed: Please let me know & I will arrange it for you.

Health Cabinet

SLEEP APNEA: What is it?

The Greek word "apnea" literally means "without breath." There are 3 types of apnea: obstructive, central, and mixed; of the three, obstructive is the most common. Despite the difference in the root cause of each type, in all 3, people with untreated sleep apnea stop breathing repeatedly during their sleep, sometimes hundreds of times during the night and often for a minute or longer.

Obstructive sleep apnea (OSA) is caused by a blockage of the airway, usually when the soft tissue in the rear of the throat collapses and closes during sleep. In central sleep apnea, the airway is not blocked but the brain fails to signal the muscles to breathe. Mixed apnea, as the name implies, is a combination of the two. With each apnea event, the brain briefly arouses people with sleep apnea in order for them to resume breathing, but consequently sleep is extremely fragmented and of poor quality.

Sleep apnea is very common and affects more than twelve million Americans, according to the National Institutes of Health. Risk factors include being male, overweight, and over the age of forty, but sleep apnea can strike anyone at any age, even children. Untreated, sleep apnea can cause high blood pressure and other cardiovascular disease, memory problems, weight gain, impotency, and headaches. Moreover, untreated sleep apnea may be responsible for job

impairment and motor vehicle crashes. Fortunately, sleep apnea can be diagnosed and treated.

Symptoms

The most common symptoms of obstructive sleep apnea (OSA) that you may notice include:

- Excessive daytime sleepiness (falling asleep when you normally should not, such as while you are eating, talking, or driving)
- Waking with an unrefreshed feeling after sleep
- Problems with memory and concentration
- Feeling tired
- Personality changes
- Headaches (about half of all people with sleep apnea)
- Episodes of not breathing (apnea)
- Loud snoring (Almost all who have sleep apnea snore, but not all who snore have sleep apnea)
- Restless tossing and turning during sleep
- Nighttime choking or gasping spells

If you feel you or a loved one may suffer from sleep apnea, talk with your doctor. There are treatments available.

THE HAPPY HOOFERS

Race for the Cure-June 13, 2009!

The Happy Hoofers are looking for new recruits! Each year, GLC supports a Komen Walk team! We are looking for a few women and men willing to walk either

the 5 km walk or the 1 mile "fun walk." The Komen Foundation not only provides funds for breast cancer research, they provide free breast cancer screening in our area.

To sign-up, go to the St. Louis Susan G. Komen website or talk to Mardi Manary, Parish Nurse. Join us!!!



ANOTHER "SAVE THIS DATE"!

**Alzheimer's Memory Walk:
Saturday, September 12, 2009**

Our Team, "Gethsemane Remembers" will be participating in this event, as well!

Preservatives in Food or A Not-So-Happy Meal!

The Health Cabinet is preserving a happy meal hamburger and fries in the Fellowship Hall for all to see. As we watch this meal continue to survive, we hope you will think about all the additives needed to make this happen. These preservative are chemicals which also effect your organs and not always in a positive way. So, check out the Happy Meal display on Sundays. How long will the burger live?

STORIES OF LIFE, HOPE, AND FAITH

"Words of Wisdom"

Mary Jane Thomsen

My Great Uncle Leif was raised in a strict Norwegian family. When he was a child, my Great Grandpa Cornelius joined the Brethren Church, and this would primarily shape his family's living regimen.

In later life my uncle did not practice religion, save for a family Church service here and there.

However, he was a spiritual man who was led by a higher power. He believed people should act fairly and without malice simply because that was the way it should be, not to get something in return. Eternal life, to Uncle Leif, would have been an added bonus. For a school paper, I once asked him what his life's greatest ambition was. Uncle Leif was thoughtful. "Well, I guess that would be to treat others fairly and to be honest." This was an influential statement in my life, and it made me take notice of other lessons Uncle Leif would teach me.

Uncle Leif lost the five fingers of his left hand in a silo filler when he was 21 years old. He told me that at first, he did his share of feeling sorry for himself. About a year after the injury, Uncle Leif, his brother, Ralph, and my Great Grandpa were having a horse harnessing race. Uncle Leif was the loser and stated angrily that he would have won if he had both hands. My Great Grandpa replied simply, "You will say that many times in your life." Leif considered this and realized his father had a point. He did not want to go through life feeling sorry for himself or being pitied by others. He decided to prove his father wrong and never again did those words leave his mouth.

Uncle Leif went on to become a sheep herder and migrant worker out west, as well as a sailor on the Great Lakes. He was an expert sheep shearer and was usually one of the top three pickers of the day when working as a migrant worker. At age 44, he became a fireman on the shipping fleets of the Great Lakes. The firemen made fire to produce steam to propel the ship. One shipping season, he was the only one of six firemen to return to the same ship as the previous year. The night before they set sail, the new men Leif would be working with came to his cabin and asked questions about the job. Uncle Leif told them, "If you are man enough to shovel it, the boilers will burn it." One of the men looked straight at Leif's left hand and stated that it couldn't be too hard of a job. Leif said nothing to the man, but it is interesting to know that the man lasted only one day on the ship.

I don't share a lot of stories that I feel are inspirational or terribly meaningful. However, I enjoy telling others how Uncle Leif influenced my life. I don't always rise to the caliber of the life he led, but I always think of him when I have a major challenge. Although he did not practice religion like the rest of my family, he taught me much about being a good Christian. He lived a life determined to have pride in his work, to treat others with respect and honesty and to consider and use wise words that were meaningful in his life and the lives of others.

IN OUR COMMUNITY ...

Joint Neighborhood Ministry

April: Filling Bare Shelves!

Gethsemane's food pantry emphasis for JNM

Each week JNM is seeing more and more "first-timers" at JNM. The current economic downturn has meant that many folks who were previously able to keep up with their bills and feed their families are now finding that the only way they can manage is to go to JNM for help. JNM does the best that they can, but sometimes even their shelves are pretty bare. So, once again, they are asking for our donations of non-perishable food items like canned chili, tuna, and vegetables, or basic hygiene items like soap and toilet paper. Funds for utility assistance are always welcome!

Thank you, as always, for remembering our less fortunate neighbors!

The "Good Cents" Recipe Contest

Unfortunately, JNM cannot give you "a penny for your thoughts," but they will give you a penny for your recipe. For the next 6 months, JNM is sponsoring a recipe contest. They are calling it the "Good Cents" Recipe Contest, because we are looking for **Cheap, Easy, Nutritious, Tasty** menu ideas and **Shopping tips** that they can share with those who come to their pantry. The rules are simple, and anyone can enter. Just send a copy of your recipes/menus with any special shopping tips to Joint Neighborhood Ministry, 2911 McNair, St. Louis, MO 63118, or by email to jnm49@sbcglobal.net (please write recipe in the subject box). The deadline is August 31, 2009. They will print all winning recipes in future issues of their newsletter. Participants will be invited to their bi-annual Community Meal in October that will feature these recipes as part of the menu. Oh yes, pennies will be awarded at this event as well.

2008 Adopt-A-Family Christmas Program A Huge Success!

From JNM:

Thanks to the generosity of our supporters – that means you – 64 families in the Benton Park Neighborhood were able to enjoy a very special Christmas this year. And, although we had 25 volunteers to help organize and distribute the vast array of gifts and Christmas dinners that you donated, we also wish that you could have been here on December 16th to experience the joy and thankfulness of the recipients in person!

This year, rather than having everything wrapped in advance, we provided wrapping materials to each family so they could have the fun of "cutting,

taping, and labeling" each gift themselves. We just wish that we could have been at everyone's home on Christmas morning to see the fun they had opening their gifts – especially the children.

James Perretta Cello Performances:

Solo Recital on Sunday, March 29th, 6:00pm, at Community Music School of Webster University, 535 Garden Ave. Admission is free.

Elgar Cello Concerto on Sunday, May 3rd, 3:00pm, at Powell Symphony Hall, 718 N. Grand, St. Louis. James is the winner of the Youth Orchestra Concerto Competition with the Saint Louis Symphony Youth Orchestra. For tickets call 314-534-1700 or go to www.slsso.org.

For questions or information, contact Connie or Louis Perretta at 314-842-1262.

FROM CAMP WARTBURG

Camp Wartburg's 40th Annual Fried Chicken Dinner and Open House is Sunday, April 26. Serving begins at 11:00am and ends at 2:00pm. Tickets are \$7.00/adults, \$3.50/children ages 5-12, and Free/under age 5. Campers will also be able to enroll for camp programs. The Camp is at 5705 LRC Road, Waterloo, IL. Questions? Call 618-939-7715.

Camp Wartburg's 8th Annual Golf Classic is Mon., May 18. Get your foursome together for beautiful weather, great food, nature trivia, prizes, and a spectacular day supporting Camp Wartburg at the Camp's 18-hole, 4-person scramble. Tee off at Acorn's Golf Links near Waterloo, IL, is at 1pm. A \$100 donation includes noon lunch, cart, golf, beverages throughout and a fantastic dinner. Contact John Mohl (Gladys' son!) at 618-939-7715 or john_mohl@lcf.org for more info. Registration forms are in the church office.

KIDS WALKING 4 KIDS

This is the time to start building your team, raising funds for the community! The fund raising campaign starts now and will end with the Kids Walking for Kids Celebration.

Remember this is for ALL ages and the celebration is a Family Fun Event. Get Involved, Help Save A Life!

Communities Healing Adolescent Depression and Suicide (CHADS)—It's our MISSION to advance the prevention

and knowledge of adolescent depression and suicide through awareness, education and research.

WIN COOL STUFF! Family Fun -- Meet Aeneas Williams, Former Rams Player, Rock Climbing Wall, 3 Live Bands, Children's Zone, Luminary Walk, Fireworks and MORE!

CHADS – 2009 EVENT: SATURDAY, MAY 9, 2009

5:00–9:00pm at Creve Coeur Park

Check out www.ChadsCoalition.org for updates/info!

Wine Tasting for Thrivent Mid-South

Saturday, April 18, 2009: 5:30-7:30 pm

Habitat for Humanity St. Louis

Administrative Offices, 3763 Forest Park Ave.

All of the proceeds will benefit the Mid South St. Louis Thrivent Chapter's Habitat for Humanity Saint Louis House. The cost is \$10 to enter, plus donate your favorite bottle of wine for tasting (if you like). Each donation gets you 3 tastes! RSVP to Barb Girshner at Bggirsh@sbcglobal.net or 636-225-1554.

Teach Your Kids to Share Day

Friday, April 24, 2009: 5-9pm

at the City Museum

What is Teach Your Kids to Share Day? Families across the country come together for a lively and interactive educational experience. Using innovative tools and techniques, the event focuses on a values-based approach to money management. Families will:

- Explore ways kids can share, save and spend.
- Discuss the importance of being responsible with money.
- Build a financial foundation for children that will last a lifetime.

What can participants expect? A \$10 per family registration fee includes dinner, activities, educational materials—and stuff to take home! Parents gain a better understanding of why it's important to teach kids about financial principles. Kids learn how even small decisions regarding money can make a big difference.

Who can take part? This event is open to adults (parents, grandparents, aunts, uncles, etc.) and children ages 6–10. You do not have to be a member of Thrivent Financial for Lutherans. No products/services will be sold.

For more information, go to www.thrivent.com/shareday

AND IN OUR WORLD ...

THE BIG WIND AND THE BIG WIND

Brenda was not alone on that day. Her daughter and granddaughter were visiting when it happened. They heard the roar of the ferocious wind, and, yes, it did sound like a freight train bearing down on them. They saw the funnel cloud and it was coming right at them. They ran to the bathroom and laid in the tub, hanging on to each other for dear life. Then the big wind hit and the house exploded. It was literally blown apart. The tub they had gone to for refuge was hurled into space. As it tumbled and turned, they were dumped out onto the ground, while the tub flew on for another hundred yards or so and ended up in a wooded area across the road. It's still there (see picture). Brenda and her family were battered and bewildered, but they were alive. The house and almost all of Brenda's worldly possessions were gone. The wind left behind a picture of chaos and destruction.

Brenda's story is just one of many that were experienced by the people around Neosho, MO last fall



when a category 5 tornado (winds up to 200 miles per hour) blew across their community. Thirteen people were killed in Newton County and many more were injured. Homes were destroyed, fences that held in cattle were torn apart, and land used to grow crops was full of

debris from houses and trees.

Four of us from St. Louis went to Neosho in February to help with their long term recovery program. We were privileged to walk a few steps with Brenda on her journey to put her home and life back together. She's into this with a spirit that is a delight to behold. With the \$23,000 she got as settlement for the damage, she is determined to rebuild her house and her dreams. She has scoured the county looking for abandoned and

low cost materials so she can stay within the budget. She's making it work.

Brenda knows another big wind (spirit), also. She knows the wind that brooded over the chaos when creation began. She knows the big wind-spirit that blew back the waters of the Red Sea to offer Moses and his people a pathway to freedom. She knows the wind-spirit that joins the breath of children and adults as they are baptized. She knows the wind-spirit that shows herself in the support and hope she gets from her friends and neighbors. She knows this big wind is powerful..... more powerful than a category 5 tornado. *Don Thuss*



END POVERTY IN MY NAME

ELCA World Hunger is our church's ministry to help end hunger and poverty. Responding faithfully to hunger and poverty is about much more than food -- it's also about things like clean water, basic education, health care, and protecting the environment. Young people especially want to be involved in the church when they see how their

prayers, gifts, and actions are helping to change the world. ELCA World Hunger is part of a fast-growing international movement to cut hunger in half by 2015. Take a look at the video "Be the Generation" at www.inmyname.com (available on YouTube) and get a glimpse of how an end to extreme poverty is within our reach.

*VICISSITUDES**

* The changes or events that occur in our lives.

Good-Bye Hilda!

Hilda was one of our "van girls," a quiet and charming woman known for the joy she found from her family and card playing. A self-acclaimed "blitz" champion, she played as often as possible. She also loved bingo nights, more for the social aspect. Hilda was an accomplished pianist. At the senior housing complex, neighbors would stand outside her apartment while she played, just to hear her. Hilda was known as a "classy dresser," always meticulous no matter what the occasion. She had a humility and generosity which her friends still remember.

Hilda kept a tidy house, where she show-cased her stuffed animal collection. Betty Young said that every memory of Hilda was a positive one.

Several years ago, Hilda suffered a stroke which destroyed her short-term memory. She could however remember her family, in whom she took great pride. They lavished her in her last days with visits, love, care, joy, and attention.

Good-Bye, Hilda! The skies shine brighter with your star among them.



Thanks

Thanks to all who helped with this year's Lenten Mid-week Soup Suppers! Participating groups included the Worship Committee and Musical Groups, the Church Council, the Health Cabinet, Sunday School and GYG families, the Fellowship Committee and volunteers. It was another delicious year with opportunity for fellowship and food.

New Members

On Sunday, March 22, we welcomed Don Bergstrom and Laura May, Nathan Burge and Janelle Davis, Billie Chamblin, Justin and Melissa Lang, John and Susan Loscuito, Carolyn Pirkle, Sharon Ryan, and Phyllis Saathoff and Dawn Riske as new members. We also welcome Jeffrey and Jenny Chin as guests to our community! May God bless your growth in grace and service here at Gethsemane.

APRIL 2009

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 6:00 Soup Supper 7:00pm Holden Evening Prayer 8:00pm Health Cabinet	2	3 Pastor's Day Off	4
5 PALM SUNDAY 8:30 AM & 11:00 AM Worship First Communion 9:45am Sunday School	6 5:00pm Belladeers Bell Choir 6:30pm Angel Wings Bell Choir 7:30pm Choir Rehearsal PMC Steering Team Meeting	7	8	9 MAUNDY THURSDAY 7:00pm Worship	10 GOOD FRIDAY Noon and 7:00pm Worship	11 EASTER VIGIL 7:00pm Worship
12 EASTER SUNDAY 8:30 AM & 11:00 AM Worship Breakfast between services 9:45am Sunday School	13 5:00pm Belladeers Bell Choir 6:30pm Angel Wings Bell Choir 7:30pm Choir Rehearsal Pastor's Day Off	14 7:00pm Council Meeting	15 10:00am Bible Study	16	17 Pastor's Day Off 7:00pm MOMS Gathering	18
19 8:30 AM & 11:00 AM Worship 9:45am Sunday School	20 5:00pm Belladeers Bell Choir 6:30pm Angel Wings Bell Choir 6:30pm Confirmation 7:30pm Choir Rehearsal	21 7:00pm Worship Committee	22 10:00am Bible Study	23	24 Pastor's Day Off	25
26 8:30 AM & 11:00 AM Worship 9:45am Sunday School 9:30-10:45am PMC Timeline	27 5:00pm Belladeers Bell Choir 6:30pm Angel Wings Bell Choir 7:30pm Choir Rehearsal	28	29 10:00am Bible Study	30		

Gethsemane Lutheran Church
3600 Hampton Ave., St. Louis, MO 63109
Phone: 314-352-8050; Fax: 314-352-8051
Email Address: Gethsemane@swbell.net
Webpage: www.gethsemanestl.org
Church Office Hours: 8:30am-3:00pm

Pastor Kendra Nolde

314-524-6817 prkendra-glc@swbell.net

Parish Nurse Mardi Manary

314-646-7191 MManary@sbcglobal.net

Organist Ella Rothgangel

314-353-4499 erothgangel@earthlink.net

Choir & Bell Choir Director Ann Luciani

314-963-0934 ptlall4@earthlink.net

Council President Carolyn Schainker

314-352-4183 cschainker@sbcglobal.net

MESSENGER NEWS

You can send your news and notes for the Messenger to glc-messenger@swbell.net. There is also a Messenger drawer by the church office. For best results, news should be in by the 20th of each month, but we'll do our best to get your news in whenever you submit it.

eMESSENGER

Please consider helping us save a tree and save on the cost of paper and postage. This happens if you choose to receive your Messenger only by e-mail. Just send us a message at glc-messenger@swbell.net.