

A FAMILY IN CHRIST CARING FOR ALL PEOPLE September 2023 Volume #130 Issue #9

> "With all these lovely tokens of September days are here, with summers best of weather and the autumns best of cheer." – Helen Hunt Jackson

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Pastor's Page

"This is how you are to pray: Abba God in heaven, hallowed be your name!" --Jesus (Matthew 6: 9, The Inclusive Bible)

I came across a prayer attributed to Archbishop Desmond Tutu, in our "All Creation Sings" hymnal. I expected his prayer would reference human dignity or equal rights, something relevant to his extensive work against apartheid in South Africa. But Archbishop Tutu did a lot more than that in his lifetime, and this prayer is about the treasure of creation.

"Creator God, you have called us to be keepers of your earth. Through greed we have established an economy that destroys the web of life. We have changed our climate and we drown in despair...."

This lament continues to echo in our current world of air pollution, wildfire haze, and even overheated ocean water. But in our prayers, we don't merely complain to God—we seek God's power of healing.

"...Let oceans of justice flow. May we learn to sustain and renew the life of our Mother Earth. We stand with indigenous people worldwide who are demanding restoration of their ancestral lands...."

How we treat the earth says something about how we value the gifts of God. Theologian Miroslav Volf says "There is something deeply hypocritical about praying for a problem you are unwilling to resolve." God has many ways to work, but we can offer our hands and feet in service to God!

"...We pray for our leaders, custodians of Mother Earth, that they may negotiate with wisdom and fairness. May they act with compassion and courage; and lead us into the path of justice for the sake of our children and our children's children. Amen."

During September, in Sunday worship, you'll notice themes around creation, giving thanks for God's wonders and seeking strength and direction from God to heal the brokenness in creation. Every little action matters, just as every prayer matters. God hears all of our prayers, and we are not a people without hope! We serve a God of love, who provides for us and for all creation.

Let creation care be part of your life of prayer!

Pastor Cheryl Walenta Gorvie

Worship in September

Sunday, September 3rd, 2023 <u>Fourteenth Sunday After Pentecost</u> 9:30am In-Person and Online Worship

Sunday, September 10th, 2023 Fifteenth Sunday After Pentecost

8:30am In-Person and Online Worship 9:45am Ministry Fair 11:00am In-Person Worship

Sunday, September 17th, 2023 <u>Sixteenth Sunday After Pentecost</u>

8:30am In-Person and Online Worship9:45am Sunday School10:00am Adult Forum: Narcan Training11:00am In-Person Worship

Sunday, September 24th, 2023 Seventeenth Sunday After Pentecost

8:30am In-Person and Online Worship9:45am Sunday School10:00am Adult Forum: Narcan Training11:00am In-Person Worship

August Attendance

July 30th 98 In-Person 58 Online

August6th61 In-Person55 Online

August 13th 64 In-Person 50 Online

August 20th 75 In-Person 37 Online

August27th67 In-Person24 Online

Don't forget to complete your weekly attendance form. We're counting on you!



LuMin St. Louis invites you to CAMPUS HOUSE WORKDAY



Bring tools. We'll have indoor and outdoor projects. Service hours available.

7019 Forsyth Blvd, STL, 63105 call 314-828-7232 or text 314-626-3202

Community Life



LuMin St. Louis: Ecumenical Campus Ministry Sunday Night Dinners and Jesus



Every Sunday Night, LuMin provides a free home-cooked meal to students from campuses all over St. Louis. Gethsemane has signed up to provide meals on the second Sunday or each month. Please sign up to help: September 10th, October 8th, and/or November 12th.

September: Diaper Drive (all sizes needed) Please bring products to the church before the last Sunday of the month!

MONTH OF GRACE + PRAYER (A Retreat in Everyday Life)

Fall Afresh into God's Love by going on retreat while staying at home. Explore different ways of praying, speak privately with an experienced spiritual companion and become more aware of God's presence in your life. A Month of Grace + Prayer will begin with a 90-minute group gathering (in person or virtually) of all participants on Sunday, October 15th. Throughout the month each participant will be invited to pray privately each day and then meet confidentially with an experienced spiritual companion for one hour each week. In person meetings with spiritual companions take place on Monday mornings, afternoons or evenings, and virtual meetings are scheduled on any day and time mutually convenient with the companion and participant. All participants will gather again in celebration on Sunday, November 12th. This is an individually directed retreat tailored to your own deep desires. Committed couples also have the option to participate as a couple.

Brochures are available in church, and for even more information or to register, visit www.momentsofgraceandprayer.org or contact Clarence Heller (clarenceheller@gmail.com; 314.258.9066). There is no registration fee, but retreatants are invited to share the costs of the retreat as they are able.

SAVE A LIFE	Red Cross Blood Drive October 2nd 1:30pm - 5:30pm	Save the date: Thrivent 11th Annual Shred Your Stuff Day (Shredding only) When: September 16th 11 am - 2 pm
donors. A lir	clcome all "types" of hk to book your e slot can be found ne's website.	Where: Christ Memorial Lutheran Parking lot Bonus: Men's Club BBQ (11am-6) For information call: Kathy Poppitz 314-631-0304 ext. 2058 <i>This service is free to the public.</i>



Ministry Fair



On **Sunday, September 10th**, we will once again host a Ministry Fair showcasing all the ways you can give of your time and talent here at Gethsemane!

We will have information tables for Stewardship, Fellowship, LuMin, Altar Guild, Social Action, Green Committee, and Sunday School students can check out their classrooms, and there will be a bells demonstration and more!

Whether you are new to Gethsemane or are looking to try something new or just refresh an old skill, this is the perfect opportunity to get involved at Gethsemane!

Pssst! This will be the first Sunday when we return to two services!

Find Gethsemane on Social Media: Website: www.gethsemanestl.org YouTube: gethsemanestl Instagram: gethsemane_elca_stl Pinterest: Gethsemane Lutheran Church Facebook: Gethsemane Lutheran Church - ELCA, St. Louis, MO

Around the Church

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		C TAY
		6
- W	14 cars	2 C

Date:

Time:

Place:

August GLCW Luncheon

All women are welcome to join us at our next luncheon:

Monday, September 25th

Helen Fitzgerald's

11:30 AM

3650 S. Lindbergh



Gethsemane youth are heading to New Orleans next summer for the long-anticipated National Gathering! To help them in their journey, bring your dirty car to church on Sunday, Sept. 17th and let them clean and refresh your car while

Youth Group Car Wash

you refresh your soul during worship. Donations towards their trip are much appreciated in exchange for their cleaning efforts.

Hostesses: Sharon Salerno	exchange for their cleaning efforts.
RSVP: Please call: 314.781.8477	Council Highlights
by 9/21	Here's what the Church Council leaders
Adult Forum Topics All adults are welcome to join us in the Chapel between services at 10:00am for the following discussions: Sept. 17 - Narcan Training Sept. 24 - Alzheimer's Discussion Oct. 1 - Project Sanctuary	 have been talking about: Continuing to develop a purpose statement for the congregation Facilitating contact with various committees and recruiting team members Looking for church members to connect with community organizations (like Northampton Neighbors Network) Upgrading office computers
Oct. 8 - Land Acknowledgement If you have an idea for a future adult forum, please contact the church office.	Do you have questions about what the Church Council does? Look for the "Church Council" table at the Ministry Fair coming up on September 10th!

Sunday School News

Sunday School will officially begin on September 17th. All children ages three years old (and potty trained) to high school are welcome. Sunday School is taught by volunteer teachers who are Gethsemane members and have been background-checked. For the youngest classroom, please register your child by September 10th so we know to plan for your child and can ensure we have enough supplies for everyone. Emails were sent to eligible families. If you did not receive an email or are a guest who would like to have your child check out Sunday School, the form can be found on Gethsemane's website. Confirmation students will hear from Pr. Cheryl and all high schoolers are encouraged to hang out in the high school room between services for games and discussions.

Aria's N Stes by Gethsemane's Music Director: Dr. Aria Thomé

Welcome New Organist: Amy Crousore

Amy is a local performer, accompanist and teacher of piano, organ and voice. She received her degree from Heidelberg college, where she received full scholarship in Organ Performance and Western Illinois University, where she studied the Alexander Technique under Dr. Felix Manning. She has toured as accompanist throughout the Midwest and Eastern US and has played for soloists from around the world. She recently moved from Columbia, MO to St. Louis to be the organist here at Gethsemane and will also be an accompanist at COCA (Center of Creative Arts) for ballet and dance classes.

Gethsemane Choir Invitation and Schedule

September 10th brings back two services and it also brings back the start of another choral season! This will be an exciting time with a new organist, who will serve also as our rehearsal accompanist, and a treasure trove or classy choral music.

There are a few changes to choir and Bell Choir's functioning.

Choir will meet on Sunday afternoons at 5:00 pm and meet until 6:30 pm.

Bell Choir will meet on Mondays from 6-7:00 pm.

Children's choir, as we continue to build a foundation, will meet with Matthew and Linus Christian on Sundays from 9:45-10:00 am before Sunday School.

If you have been thinking about joining a singing group, at either the 8:30 or 11:00 am service, please contact Aria and she will help you with find how you can best fulfill your desire minister and use your talents. Previous experience and weekly commitment are NOT prerequisites.

Day				6:00pm Bell Choir	10:00am Adult Forum – Alzheimer's 11:00am Worship 5:00pm Vocal Choir 11am-6pm Tower Grove Pride Fest.
National Veterans of Foreign Wars		10:00am Staff Mtg.	10:00am Bible Study	11:30am GLC Women's Luncheon	8:30am Worship 9:45am Sunday School & Fellowship
29	28	27	26	25	24
	NNVHA				11:00am Worship* 12:00pm Worship Committee Mtg. 5:00pm Vocal Choir *Youth car wash during worship.
	World Gratitude Day	10:00am Staff Mtg.	10:00am Bible Study	6:00pm Bell Choir	8:30am Worship* 9:45am Sunday School & Fellowship 10:00am Adult Forum - Narcan
22	21	20	19	18	17
			6:30pm Council Mtg.		11:00am Worship 5:00pm Vocal Choir 6:00pm LuMin Dinner
*Messenger info. due		10:00am Staff Mtg.	10:00am Bible Study	6:00pm Bell Choir	8:30am Worship 9:45am Ministry Fair
15	14	13	12	11	10 Boturn to Two Services
		10:00am Staff Mtg.	10:00am Bible Study	Office Closed	9:30am Worship No Fellowship or Blood Pressure
8	7	9	5	4	Jact Cummor Cincle Corvine
1 National Food Bank Day					Save the Date: Sunday, October 1 st @4pm Blessing of the Animals 🛠 🛠
Friday	Thursday	Wednesday	Tuesday	Monday	Sunday
		Eptember 2023 Calendar of Events	Septen		
		September 2023	Septer		

September 2023 Worship Leaders

	3rd	10th)th	17	17th	24	24th	Oct. 1st	1st
A . A . A . A . A	9:30am	Early	Late	Early	Late	Early	Late	Early	Late
Greeter	N. Hopfer	J. Mayhaus	K. Paulson	R. Lima	A. Crotty	L. Wind	D. Schaller	J. Williams	R. Schain- ker
Usher	J. Sandberg	J. Mayhaus	A. Rentchler	R. Lima	S. Hetager	B. Scan- lan	R. Boehlje	T. Yemm	R. Schain- ker
Usher	S. Walentik	T. Yemm	R. Schain- ker	J. May- haus	D. Bueh- rer	R. Lima	S. Hetager	B. Scanlan	A. Rentchler
Assisting Minister	G. Borkowski	M. Yemm	M. Olson	P. Saathoff	N. Fon- tana	R. Jones	B. Rentchler	R. Lima	A. Fulton
Lector	M. Schmidt	C. Morice	N. Fontana	J. Sand- berg	M. Olson	M. Chrisian	M. McGuire	R. Schuess- ler	A. Rentchler
Children's Sermon	Pastor Cheryl	L. Sch	L. Schuessler	C. Sci	C. Schmidt	Pastor	Pastor Cheryl	L. Schuessler	essler
Wine	Tepe-McFarlane Family	Leonarc	Leonard Family	Hackman	Hackmann Family	Leonarc	Leonard Family	Leonard Family	Family
Bread Baker	Fontana Family	Tepe-McFa	Tepe-McFarlane Family	Wisch	Wisch Family	Elliott	Elliott Family	Yemm Family	amily
Blood Pressure	Not Available	Not Av	Available	Joan W	Joan Williams	Not Av	Not Available	TBD	D
Fellowship Host	Not Available	Nee	Needed	Needed	ded	Nee	Needed	Needed	led
Donut Driver	Not Available	Nee	Needed	Needed	ded	Nee	Needed	Needed	led
Altar Flowers	Wind/Williams	Rhodes	Rhodes Family	Breed	Breed Family	Kurt I	Kurt Family	Wind/Williams	illiams
Altar Guild			Olson/Fui	Olson/Fulton Family				Needed	led
Camera				Gretc	Gretchen Jenson				

Social Action Team

From Your Cart to Ours: Little Free Pantry Update

Gethsemane members are the best! We filled the grocery cart again in August - our fourth month in a row! Thank you! Did you know that it takes approximately \$400 a month in donations to keep our pantry full? We will continue to collect items throughout the month with our "From Your Cart to Ours" program and gratefully accept your financial donations as well as Thrivent grant support.

Later this fall, we will host a food drive in front of the Hampton Village Schnucks. We plan to advertise the presence of our food pantry and encourage shoppers to pick up and donate a couple of extra items while they shop.

GLC GREEN TEAM Update

Thank you for supporting the electronic recycling drive last month. Gethsemane is currently making plans to host another drive next spring with hopes of hosting such drives every six months. During the month of September, we will be helping celebrate the Season of Creation during worship.

Tower Grove Pride—September 23-24

Lutherans for Love and Pride will once again have a booth and giveaways at this year's Tower Grove Pride Festival. Lutherans for Love and Pride consists of a group of Reconciled In Christ (RIC) churches. If you would like to volunteer to sit at the booth and share the love of Jesus with fellow festival goers, please sign up ASAP! A link to the form can be found in the Friday e-news or on Gethsemane's website.



Blessing of the Animals



Gethsemane will once again host a Blessing of the Animals event on Sunday, October 1st at 4:00pm. You are encouraged to bring your furry, feathered, and /or scaly friends for a special service including music, treats, and a blessing. Animals must be on a leash or in a secure carrier for their safety.

Land Acknowledgement

Gethsemane Lutheran Church wishes to acknowledge and honor the Osage, Quapaw, Myaamia, Očhéthi Šakówiŋ, Kaskaskia, and Kickapoo peoples upon whose ancestral homelands we gather for worship, as well as all of our Indigenous siblings who have and continue to care for this place—this land—and call it their home.

Beginning on Sunday, October 8, 2023, you will hear this statement read at the beginning of each worship service at Gethsemane. As the Sunday closest to Indigenous Peoples' Day, it seems an appropriate time for us as a congregation to begin the practice of land acknowledgement.

So what IS a land acknowledgment?

A land acknowledgement is a way to name and honor the original inhabitants of the land on which we worship, work, and live. This is an opportunity to name the Indigenous peoples who have often been ignored or erased in history and community.

Vance Blackfox, ELCA Director for Indigenous Ministries and Tribal Relations, describes land acknowledgements as a "ritual of respect and gratitude for the land and our Indigenous neighbors." He continues: "a land acknowledgement is a ritual intended solely to show gratitude to the land and acknowledge the original and Indigenous peoples from the whom the land was stolen."

By including a land acknowledgement in our worship, Gethsemane Lutheran Church is taking a first, and important, step toward actively living into the ELCA's Repudiation of the Doctrine of Discovery.

Want to learn more? Attend the adult forum between services on October 8.

Fellowship Committee

FELLOWSHIP HOSTS NEEDED:

As we return to two services, we also return to regular fellowship; including coffee and donuts. We are in need of fellowship hosts and donut drivers. Fellowship hosts are responsible for making the coffee, setting out the coffee maker, hot water dispenser, donuts, and supplies. Once fellowship is over, they are responsible for loading and running the dishwasher and general cleaning of the area. Donut drivers are needed to pick up the donuts prior to fellowship from a local donut shop. Instructions are provided. Please contact the church office if you are interested.

OTHER EVENTS AND ACTIVITIES:

Watch this space for future announcements regarding churchwide events.

Member Care

Heath Advisory Team: Covid-19, Flu, and Vaccines...Oh My!

Greetings from Member Care! This is just a brief update on Covid-19 and flu as we start to enter the flu season. Covid-19 infections remain low and cases are relatively mild when they occur. Omicron is still the lead variant, with the XBB lineage accounting for the majority of the cases. The bad news is that the currently available bivalent Covid-19 vaccine (against original plus Omicron BA.4/BA.5) appears to be less effective against the XBB lineage. The good news is that a XBB vaccine is in the works and should be released sometime in the fall (late October-ish).

An additional new variant (BA.2.86) is also making news due to the number of changes to its spike protein. These changes could allow the new variant to infect individuals who were previously vaccinated and/or had Covid-19. Infections due to the BA.2.86 variant and to the XBB variants have been mild. However, it is important to monitor your symptoms and to consider isolation or masking if you feel that you may be symptomatic. Currently available tests work to detect the new variants.

Masking is also effective against the flu, as are vaccinations. The CDC recommends vaccination during September or October. The Member Care Health Advisory Team will keep the church council up-to-date on any changes and the church will continue to provide masks for those who wish to use them.

Blood Pressure Monitors: Return to Fellowship Hall



Did you know that Gethsemane offers free blood pressure monitoring throughout the year? Although we had to take a break during COVID and we briefly moved to the Library over the summer, we are happy to announce that we will resume this practice in the Fellowship hall on September 17th, between services. We plan to offer this service throughout the year on the first and third Sundays of each month. If you have a medical background and have been trained to take and monitor blood pressure readings, we could use your help. Please contact Joan Williams at 314.894.0646.

Member Visits:

We continue to visit those members who are unable to attend church at this time. If you are interested in visiting and making someone's day, please contact Lois Wind at 314.570.6853.

Wiggle Ministry:

The children's area in the Narthex and basement are currently being evaluated. If you are interested in heling with our children's ministry during worship, please contact Kim in the church office at 314.352.8050.

Caregiving for A Loved One with Alzheimer's

By Michael McFarlane

September is Alzheimer's Awareness month. If you have a loved one living with Alzheimer's dementia, you know that your interactions with your family member or friend is distinctly different than before their diagnosis. In the initial stages, generally speaking, your loved one will still recognize you, but you might notice that they might tell you the same story or joke over and over again, without any recognition that they are repeating themselves. Not the worst thing in the world, right? I mean. They still know who you are, and that's a win. In the moderate stages of the disease, you might notice that when introducing you, the person living with Alzheimer's might introduce you as their brother, even though you're their son. Again. Inaccurate, but they still know your name, right? So, not so bad. In the advanced stages of illness, your loved one might no longer remember your name, much less their relationship with you. In some extreme cases, the afflicted may become completely nonverbal or exhibit paucity of speech (e.g., small words or word fragments, but not complete sentences). But hey. Only about 10% of communication is verbal, so not so bad, right?

Well, yes and no. When maintaining a relationship with someone living with Alzheimer's dementia, I encourage you to consistently embrace the person that remains, instead of mourning the pieces of personality that they have "lost." Remember. You're a companion on their journey. They have extremely limited awareness of perceived deficits. They haven't lost anything. It is we who are grieving and experiencing loss. Because we desperately want our mother, father, grandmother, or uncle to be the same person that we've known most of our lives. But it's not about you, any more than it's about me. It's about learning to both accept and embrace the person that remains. And that person is evolving into the best person that they can be while managing their illness. If you want to enjoy the time that they have left, your appraisal cannot be that they are "cognitively declining." Otherwise, that time is spent mourning the person that used to be. That person is gone. Accept it. Use your EAP program. Do the work. But don't make the loss of the person that used to exist THEIR issue. It's not their issue. It's your issue, and you have to own it. Don't waste precious time of an undetermined and undefined length stuck in grief and loss. Find a support group to manage your emotions. The Alzheimer's Association of Greater Missouri hosts a caregiver support group at The Clarendon on Clayton (2nd Floor) on the 3rd Monday of every month from 6:30 PM to 8:00 PM.

Learn to appreciate the person that remains. Don't correct them when their recitation of historical facts is inaccurate. They're not going to remember the details of the conversation 5 minutes after you have it. Don't ask the if they, "Remember?" They don't. And they won't. And that's okay. Living with Alzheimer's is waking up every day and walking through a cave with a flashlight with weak batteries. The cave is only illuminated intermittently. So, your loved one only gets to see parts of the cave, and it's illuminated for varying lengths of time. But because that light is not fixed and permanent, they never get to appreciate the interior in its entirety. It's just flashes of brilliance. Or insight. Fleeting moments of their old personality, or sense of humor. And that might change from month to month. And that's okay. You will learn to value their words less, because you are just thankful to be in their presence. Don't talk those moments away. Just hold their hand, rub their skin, and thank them for their love. Bring them their flowers while they're still alive (metaphorically). And thank God for the opportunity to do so every time you get to see them. "Peace, be still."

Michael will be sharing more during the Adult Forum on Sunday, September 24th.

Announcements & Anniversaries

Congratulations...

On August 5th, Maxwell McFarlane participated in the 2023 AAU Junior Olympics 13-year-old triple jump competition at Drake University in Des Moines, IA, as a member of the St. Louis Police Athletics League Jaguars Track and Field Team. Out of a field of 20



competitors, Maxwell walked away with the Silver Medal with a jump of 32 feet and 2.75 inches. Maxwell stated at the beginning of the 6-day Olympic event, "I'm not taking a picture on the Drake bulldog unless I win a medal." Way to go, Maxwell!

*Do you have something to share or celebrate? Please contact the church office for more information.

Condolences...

to the family and friends of Gary, Luke, and Peter Borkowski upon the death of Gary's mother, Carol, on July 30th.

to the family and friends of Pastor Kendra Nolde upon the death of her father, Gilbert Nolde, on August 19th.

Thank You...

for the great "sleepover." We truly appreciated your generosity. - Vinje Lutheran Church Youth and Chaperones!!!

September Anniversaries

3	Fred & Rosemary Tatum	24
5	Jessica & Matthew Potter	8
12	Elizabeth Breed & Steven Penny Rob & Carolyn Schainker	8 31
19	Keith & Jennifer Paulson	14
20	Jean Chouquette & Gerry Richardson	37
27	Jack & Lois Wind	48



September Birthdays

- 1 Eve Cooney Margaret Lenhart John Sandberg
- 2 Janet Burle
- 4 Peter Borkowski
- **6** Ken Bauer
- Leslie Wobbe
- 7 Fred Lenhart
- 8 Pauline Farmer
- 9 Gary Borkowski
- 10 Linda Dougan
- 12 Keith Paulson
- 14 Rodney Jones
- 15 Lily Gorvie Mitchell McElroy
- 17 Don DeVore Evren Sungur
- 18 Meggie Hunsinger
- **19** Kathy Lee Zach Penny
- 22 Rudi Schurz
- 23 Josh Fenton Rob Schainker
- 26 Eric Lindgren
- 28 Cindy Fenton
- Addie O'Neill 30 Simone Richardson



14

Dates to Remember

Coming Up:		Don't Forget
Weekend, September 9-10	Saint Joan of Arc Homecoming	Every Wednesday -
Sunday, September 10	GLC Ministry Fair	Bulletin Items by Noon
Sunday, September 17	First Day of Sunday School & Youth Car Wash	Second Tuesday - Church Council Meeting Third Friday -
Weekend, September 23-24	Tower Grove Pride Festival	Messenger Articles Due
Sunday, October 1	December First - Budget Requests Due	
SPECIAL EVENT HIGH	ILIGHTS OF THE MONTH	
service opportunities Gethsem	and Music, Fellowship, Social	One Month Prior to the Annual Meeting in January - Committee Reports Due

Get Connected @ Gethsemane

Gethsemane Lutheran Church

3600 Hampton Ave., St. Louis, MO 63109 Phone: 314-352-8050 Fax: 314-352-8051 Email Address: office@gethsemanestl.org Church Office Hours: 8:00am-2:00pm

Pastoral Care: Rev. Cheryl Walenta Gorvie 903-918-3992 pastor@gethsemanestl.org

Council President Barb Johnson 314-962-3501 barbjohnson47@hotmail.com

Website:	www.gethsemanestl.org
YouTube:	gethsemanestl
Instagram:	gethsemane_elca_stl
Pinterest:	Gethsemane Lutheran Church
Facebook:	Gethsemane Lutheran Church -
	ELCA, St. Louis, MO

eMESSENGER

calendar!

Please consider helping us save a tree and save on the cost of paper and postage. This happens if you choose to receive your *Messenger* only by e-mail. Just send a message to:

messenger@gethsemanestl.org.

WEEKLY E-NEWS

If you are not receiving our weekly e-news and would like to receive it, let us know by sending us an email. Please make sure that you put our address in your address book so that your spam filters let it pass through!

MESSENGER NEWS

You can send your news and notes for the *Messenger* to **messenger@gethsemanestl.org**. There is also a *Messenger* drawer by the church office. For best results, news should be in by the third Friday of each month.



Gethsemane Lutheran Church 3600 Hampton Avenue Saint Louis, MO 63109

Return Service Requested

Month in Pictures

